



MEMBERS NEWSLETTER

DON'T SAY GOODBYE, LET'S KEEP IN TOUCH...

By now we're sure you've heard of GDPR, but do you know that it affects us & how we keep in touch with our members & supporters? For us to continue sending anyone on our mailing list newsletters and occasional information either by email or post we need everyone to actively request to stay in contact with us.

If you haven't already filled out a consent form, please ask for one at the next meeting or contact our GDPR compliance Officer Jackie at bust@bustbristol.co.uk or 07712 114774

Anyone for Tea & Cake?
Thank you Sally for hosting your vintage tea in June & raising over £700



Autumn 2018 – New Members are always welcome!

ONE STEP AT A TIME OR PEDAL POWER?

If you're reading our newsletter, the chances are that your life has been touched by adversity which has rewritten the stories of our own life, or that of a loved one, changing the cast of characters and altering what we expected would happen, yet the stories go on and behind the scenes there are so many going above and beyond to give back. So, we couldn't say "goodbye" to our sizzling hot summer and say "hello" to Autumn without sharing some of their stories of support.

OUR CYCLING HEROS – Terry Welch & Chris Loxley

TERRY & FRIENDS...



Terry Welch and three friends took on the challenge of cycling from Land's End to John O'Groats and with support from family and friends along the way raised over £2,000

Chris Loxley our "one man & his bike" took on the same challenge but chose the John O'Groats to Land's End route. But this wasn't challenge enough and he chose to go totally solo! Sharing his journey with us each pedal of the way, there are some terrific photos on Facebook – he even bumped in to a certain "fab four" in Liverpool. Chris, you're our "fab one" – over £1,000 raised



BRISTOL 10K - TEAM B.U.S.T.

Our team were in the pink and out in force again for 2018 Bristol 10k. On a hotter than average Sunday in May all the runners and walkers put in fantastic performances and raised over £9,000. Special thanks to The City of Bristol Pipe and Drum Band for leading the team to the start line, we certainly know how to make an entrance! There are some great photographs on Facebook, that capture the spirit of the day. Have a look and see if you can spot yourself.

MARATHON MAN IAN

Many congratulations to Ian Goodband who completed this year's London Marathon in 3:19.01 Terrific achievement, and thank you for choosing us as your charity, we know to date you have raised over £1800 but are still counting !



Contact Us

Breast-cancer Unit Support Trust
Supporting Bristol's Only Breast Care
Centre at Southmead Hospital
Tel: 07712 114774
Email: bust@bustbristol.co.uk
Website: www.bustbristol.co.uk

Find us on

<https://www.facebook.com/bustbristol>

Your Bust Committee:



Fancy joining BUST and fundraising for the Breast Centre? Or perhaps you already have an event planned? If so, we'd love to hear from you and are always happy to help promote via our Facebook page.



Newsletter kindly designed by wrapped-to-perfection.co.uk

DATES FOR YOUR DIARY

It's Party time - **Saturday 17th November 7.30 til late**,
Hanham Community Centre

This year, Susan's annual social fund raiser is going to bring all things Christmas to us in November! There will be live music from Simon Cawthorn & The Diagnostics, dancing, food, raffle plus surprise guest! So, look out your best Christmas party wear, your Christmas jumpers or come as you are, but please do come along and support – it's going to be an evening full of festive fun...

Tickets £12 in advance from bust@bustbristol.co.uk or Susan 07903047401



NEXT MEMBERS MEETING 16TH OCTOBER

Usual place and time, Breast Care Centre, Southmead Hospital, 7pm. Please feel free to bring along family and friends. Our speaker will be Breast Surgeon Simon Cawthorn.

2019 Members meetings: 15th January, 16th April, 16th July & 15th October.

CHARITY CONCERT IN AID OF B.U.S.T.

By Yate Choral Society, Saturday 20th October, St Mary's Church, Yate at 7.30pm. Tickets £8 from Chipping Sodbury Tourist Information, 01454 316485 or 01454 314770 www.yatechoralsociety.co.uk

LATE NEWSFLASH... Hooray we have a ticket!

We're so excited to announce we were successful in the 2019 London Marathon Charity Ticket Raffle and are delighted to say we have chosen David Smith to be our entrant. David and his family are longtime supporters of B.U.S.T. We'll be keeping you posted with news on Facebook but the date for your diary is 28th April 2019.

Thank you for your continued support and for taking the time to read our Autumn newsletter. Please don't let this be Goodbye, remember to complete your GDPR consent form.

Breast-cancer Unit Support Trust
supporting

Bristol's only Breast Care Centre



Charity 1117508